

# Friction Reducing Device(FRD)

Pink Slip / Pink Slip Elite / Elite Slip Tube

Clinical Tipsheet: Boosting

WY' EAST  
MEDICAL

1. Raise/lower bed to caregiver waist level for best ergonomic positioning. For two caregivers of different heights place bed at mid-level between caregivers' waist levels.
2. Completely open the FRD tube to prepare it to glide on itself.

**Tip:** The "log roll" method can also be used for placement.



3. Roll closed end of the FRD in 8"-10" sections, leaving 1/3 of the tube unrolled.
4. Place the FRD under the patient's head/pillow and down behind shoulders with the folded part of the FRD against the sheets and open ends of the FRD toward the sides of the bed.

5. Unroll the FRD under the patient and draw sheet (if present) ensuring the top of the tube is under the patient's head/pillow.

**Tip 1:** Place a pillow at the headboard to protect the patient's head.

**Tip 2:** Place bed in Trendelenberg to use gravity to assist with boost.



6. Each caregiver, using the draw sheet as their "handles", carefully moves the patient to the desired position.

**Tip:** If the patient is able to assist, ask patient to bend knees and place feet on the bed. Instruct patient to bridge pelvis and push him/herself up the bed to desired position.

7. Remove the FRD from underneath patient by unrolling it under itself away from the patient's skin.
8. Fold the FRD and store by tucking it securely into the foot of the mattress.



1-18020-RB



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# Friction Reducing Device(FRD)

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Clinical Tipsheet: Lateral Transfer

WY'EAST  
MEDICAL

1. Raise/lower bed to caregiver waist level for best ergonomic positioning. For two caregivers of different heights, place bed at mid-level between caregivers' waist levels.
2. Completely open the FRD tube to prepare it to glide on itself.
3. Accordion fold 1/2 of the closed end of the FRD.
4. Log roll patient along with the draw sheet, draping the draw sheet over them.
5. Position folded part of the FRD under the patient's shoulders and hips.



**Tip:** If patient is unable to log roll, accordion fold half of the FRD and "stuff" under draw sheet and patient. Pull out the other half of the slide tube from underneath the patient on the opposite side.



**Tip:** Caregiver nearest to the patient can begin transfer motion by gently pushing on patient's shoulder and hip.

6. Return patient onto their back.
7. Reaching under the patient, carefully retrieve the folded part of the FRD from underneath patient.
8. Bring receiving surface flush to patient's surface with no more than 3-4" gap. Lower receiving surface 2-3" below patient's surface. Lock brakes.
9. Using the draw sheet as the handle, 1st caregiver glides patient onto receiving surface while 2nd caregiver guides the patient's feet and legs.

10. Remove the FRD from underneath patient by log rolling the patient or by sliding it under itself.
11. Fold the FRD and store by tucking it securely into the foot of the mattress.



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